Anandkiran

Therapy & rehabilitation clinic, associated with ArogyaPath

Your therapy journey, step by step

1

Enquiry

Reach us through the website form, WhatsApp or a phone call. Our front desk understands your concern and suggests the right first step.

WHAT YOU DO

Share the patient's age and main concern.

2

Registration

We register the patient and issue a unique patient code. This code is your login for the patient portal and app.

WHAT YOU DO

Bring an ID and any previous medical reports.

3

First consultation

A therapist meets you, takes a detailed history and does an initial assessment.

WHAT YOU DO

Wear comfortable clothing and arrive 10 minutes early.

4

Tests

If needed, the therapist recommends specific tests to understand the condition clearly.

WHAT YOU DO

Follow the preparation notes for each test.

5

Therapy plan

Your therapist creates a personalised plan: which therapies, how often, and the goals to track.

WHAT YOU DO

Ask questions and agree on the schedule.

6

Sessions & payment

Attend sessions at the clinic and practise assigned exercises at home through the app. Pay per session or per package.

WHAT YOU DO

Mark exercises as done in the app.

7

Follow-up

Regular reviews measure progress. The plan is updated, continued or completed.

WHAT YOU DO

Book your follow-up visit.

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+91 79062 88878 | info@arogyapath.org | Book online through our website